STUDY00006271
9 July 2025

FSU
FLORIDA STATE
UNIVERSITY

CAP
CARDIOVASCULAR & APPLIED PHYSIOLOGY LABORATORY

Participants Needed for Research

Who can participate?
Adults 18 - 35 years old without obesity (body mass index <30 kg/m^2) who typically do not perform aerobic exercise for ≥150 minutes/week and do not perform resistance training ≥2 days/week.

What is the project about?
The effects of handgrip training on brain blood flow.

Where will studies occur?
CAP Laboratory
Room 1101, William B. Johnston Building
143 Honors Way
Tallahassee, FL 32306

Participants will receive $300 after study completion.

Scan the QR code to complete our screening survey. Send us an email at *CHHS-CAP@fsu.edu* or text/call *850-400-5454* to let us know you are interested in participating!

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