



# Take Control of Heart Health at Home

## JOIN OUR TELEHEALTH PROGRAM!

Join our 8 telephone-based sessions led by a Registered Nurse. We focus on strategies to help YOU manage heart failure in the comfort of your home. Partner with us to enhance your physical and mental health.

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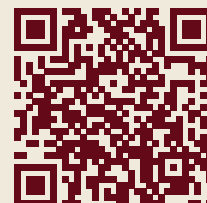
**Phone:** 850-644-5601

### **This study might be right for you if you:**

- Have a heart failure diagnosis
- Are 18 years or older
- Speak, read, and understand English

**NO TRAVEL NEEDED!** Participate from home and receive up to \$100 in gift cards upon study completion.

Scan the QR code to fill out  
our online interest form.



FLORIDA STATE UNIVERSITY  
COLLEGE OF NURSING