

Recruitment Material for Subjects

IRB #: _____

“----- Meditation for Chronic Low Back Pain -----”

Recruiting volunteers for a research study

Do You Have Low Back Pain?

If you are **50** years or older, have low back pain, you may be eligible to participate.

Participation will include practicing meditation at home,
completing questionnaires about your pain, undergoing a sensory assessment,
having your cheek swab, blood drawn and stool sample.

All study participants will be compensated for their time, up to \$150 over 8 weeks.

Visit at the Florida State University Brain Science & Symptom Management Center.

Study is being conducted by: Dr. Jie Chen

For further information, please contact the **Low Back Pain Study** at

(850)645-0657

conchenlab@fsucon.org

Low Back Pain Study Contact Person 850-645-0657	Low Back Pain Study Contact Person 850-645-0657	Low Back Pain Study Contact Person 850-645-0657	Low Back Pain Study Contact Person 850-645-0657	Low Back Pain Study Contact Person 850-645-0657	Low Back Pain Study Contact Person 850-645-0657	Low Back Pain Study Contact Person 850-645-0657
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Low Back Pain Study – Volunteers requested.

Dr. Jie Chen is seeking volunteers to be part of a paid pain study. This research is being done at Florida State University Brain Science & Symptom Management Center and is evaluating meditation on reducing pain. Participation will include practicing meditation at home, completing questionnaires about your pain and your health status related to pain, undergoing a sensory, having cheek swab, blood drawn and stool sample 3 times over 8 weeks.

If you are aging 50 years or older, have low back pain and do not have a specific intestinal disease, such irritable bowel syndrome or Crohn's disease, you may be eligible to participate.

You will not be eligible if you are having other pain conditions (e.g., arthritis, headache), and taking prebiotics, probiotics or antibiotics.

For more information, please call the **PAIN RESEARCH STUDY** at

(850) 645-0657 or email **conchenlab@fsucon.org**