## REQUEST FOR FEMALE 2022 RESEARCH PARTICIPANTS



The FSU College of Health & Human Sciences is conducting a study on exercise and fat metabolism

## Join our 12-week exercise study!

## You may qualify if you:

- Are a woman between the ages of 50 and 70 years old
- Have excess body weight and are at risk for diabetes
- Do not exercise regularly

## You may receive:

- Health screening
- Supervised exercise
- Up to \$1,000, upon study completion





For more information, scan QR code, email NIP-cardiometab@fsu.edu or call 850-645-1234

