

Volunteers Needed for a Research Study on Nutrition and Fat Metabolism

Researchers in the Department of Nutrition, Food & Exercise Sciences are studying the influence of body fat on vascular and metabolic health.

You May Qualify If You

- Are between 18 and 45 years old
- Are generally healthy
- Do not exercise more than 20 minutes per day twice a week
- Do not smoke

You May Receive

- Health screening
- Up to \$100 in compensation

Participation Involves

- Keeping a log of your diet for three days
- Three laboratory visits (including screening) to measure body composition, vascular function and fat metabolism
- Two visits will take roughly one hour each and one visit will take seven hours

FOR MORE INFORMATION

Please contact Cesar Meza at cmeza@fsu.edu
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