

HEART FAILURE RESEARCH STUDY



DO YOU OR SOMEONE YOU PROVIDE CARE FOR HAVE HEART FAILURE?

HELP US LEARN HOW TO BETTER HELP HEART FAILURE PATIENTS AND
THEIR FAMILY CARE PARTNERS WHO LIVE IN RURAL AREAS
MANAGE HEART FAILURE ISSUES

As an important research participant, you will be asked to participate in a 13-week telephone-based research study. In this study, we wish to learn more about:

1. Challenges that you and your care partner experience related to heart failure.
2. Strategies that may be useful in helping individuals with heart failure and their family care partners who live in rural areas manage challenges associated with heart failure self-care.

In this study, you will work with a licensed advanced practice nurse to:

1. Identify useful strategies that may help you and your care partner manage daily issues related to heart failure and improve the health and well-being of the individual with heart failure.

This study will enroll “care teams” which include the individual with heart failure and their family care partner. Participation in this study DOES NOT involve travel to meet with research staff. You will receive telephone calls (weekly or monthly) and 1 telehealth visit (telephone, virtual) as part of the study that will be scheduled at your convenience. Your time is important and appreciated. For participation in this study, you will be offered up to \$200 per care team in gift cards based upon completion of this study.

Please contact: **Dr. Lucinda J. Graven, PhD, APRN, FAHA**

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OR scan the QR code with your phone’s camera and fill out the online interest form.

This study is conducted by **Florida State University College of Nursing.**

